



# Community News

Adrian Dix, MLA Working For You

**December 2006**

Dear Neighbours:

## **2006 Seniors Wellness Day**

Thank you to everyone that participated in our first Seniors Wellness Day Event held on November 15, 2006. This day was an opportunity for seniors to take charge of their health through learning and education. Despite the terrible weather, over 200 participants attended this event and received information from over 20 health and community organizations. The cooking show by Audrey Irving, Renfrew Collingwood Seniors Society and the Fashion Show by Weekenders Fashions in support of the Breast Cancer Foundation were a huge hit. I would like to thank all 20 volunteers who helped make this event run so efficiently, the Golden Fish Restaurant for the terrific food, Renfrew Park Community Centre who co-hosted the event at the community centre and lastly, the presenters and exhibitors who provided great community resources on the important issues that impact senior's health and wellness. Feedback from seniors has been quite positive and many have found this information very useful. I look forward to expanding and hosting this event in the next years to come.

## **World Aids Day**

On December 1, 2006, I have been invited to be a guest speaker at the World AIDS Day Event at Carnegie Community Centre. This event is an annual health campaign to increase global awareness of the spread of HIV and AIDS and to remember those lives that have been affected by this disease. Hosted by the Downtown Eastside HIV/IDU Consumers' Board, this event brings in over 10,000 people annually. I would like to send the organizers and volunteers my best wishes for a successful event. For more information and details about this event, contact John Cameron at 604.274.8122.

## **Renfrew Collingwood Seniors Society 30<sup>th</sup> Anniversary**

Congratulations to Shell-Lee Wert, Executive Director and the Renfrew Collingwood Seniors Society (RCSS) on their 30<sup>th</sup> Anniversary. The theme of this event is "taking Seniors to Heart," which is quite appropriate as Renfrew Collingwood Seniors Society has been providing great social, recreational, and health preventative programs to many seniors in the Renfrew Collingwood Community. RCSS will be hosting an invitational wine and cheese gathering on November 24, 2006 from 1:00 to 3:00 pm. Please RSVP at 604.430.1441.

## **Holiday Open House**

I will be hosting a Holiday Open House at my Community Office on Saturday, December 9, 2006 from 11 am to 1:30 pm. Come see me at my Constituency Office at 5022 Joyce Street, ½ a block north of the skytrain station on Joyce Street. Share your thoughts, views and ideas with me while enjoying some light snacks and refreshments. The cost is free, so bring your friends, family and neighbours. I look forward to seeing you on December 9.

Stop by my Community Office:

**Address:**

5022 Joyce Street  
Vancouver, BC V5R 4G6

**Hours:** Monday to Friday 9:00 am to 4:00 pm.

**Phone:** 604-660-0314

**Fax:** 604-660-1131

**Email:** [Adrian.dix.mla@leg.bc.ca](mailto:Adrian.dix.mla@leg.bc.ca)

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